

# MOMENTUM-R™



## FEATURES



ARMRESTS ALLEVIATE TENSION IN THE SHOULDERS AND ALLOW FOR A MORE RELAXED POSTURE



3 PIECE PATENT PENDING BOTTOM BRACKET AND PEDAL SYSTEM



WALK-THROUGH DESIGN AND INTUITIVE WRAP-AROUND SEAT ADJUST ALLOW USERS TO ACCESS AND CHANGE SEAT POSITION WITH EASE

## INTELLIGENTLY DESIGNED.

Designed by professional cyclists the StairMaster® Momentum-R™ provides a comfortable yet effective workout for all users. Dual-platform pedals with in-line skate-style straps provide user with option for secure hold or strap-free platform workout. Armrests to alleviate tension and a contoured backrest for increased airflow and comfort, the Momentum-R™ is filled with intelligent design details to take you to the next level. Keep your momentum going with the all-new bike from StairMaster®.



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## CONSOLE FEATURES:

- Dedicated: Time, RPM, distance, heart rate, course profile & resistance level
- Scrolling: Calories/METs (automatic toggle)
- Personal cooling fan
- 10 programs including Dynamic Heart Rate Control®, Constant Heart Rate Control, Quick Start, Manual, Burn Calories, Increase Endurance, Burn Fat, Calorie Goal, Distance Goal, Fitness Test

## TECHNICAL SPECS

<b>Product Dimensions</b>	28" W x 66" L x 53" H (71.12 W x 167 L x 134.6 H cm)
<b>Product Weight</b>	212 lbs (96 kg)
<b>Max User Weight</b>	350 lbs (159 kg)
<b>Frame</b>	Black Steel Frame
<b>Pedals/Crank</b>	One-piece crank with sealed bearings, dual-sided pedal, extra long 14" pedal straps with in-line skate-style clip
<b>Power Requirements</b>	Self-contained power supply, no external power needed.
<b>Readouts</b>	4-character message window, Dedicated: Time, RPM, distance, heart rate, course profile, resistance level Scrolling: Calories/METs (automatic toggle)
<b>Programs</b>	10 programs including Dynamic Heart Rate Control®, Constant Heart Rate Control, Quick Start, Manual, Burn Calories, Increase Endurance, Burn Fat, Calorie Goal, Distance Goal, Fitness Test
<b>Standard Features</b>	Personal cooling fan, dedicated heart rate display, walkthrough design, armrests, wrap-around seat adjust, age-friendly, oversize font on display
<b>Heart Rate Monitoring</b>	Polar® Telemetry and Contact Heart Rate System



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